

Look at the world in a new way: 10 creative techniques

math homework solver

Creative is the ability to find unusual solutions. We present you exercises for creative people - or rather for those who want to become and see the world from unexpected sides.

Slow art day

This is the name of an event that is held annually in America. Everyone is found in museums and should get acquainted with five works of art, paying for each 10 minutes. Then people for coffee discuss their impressions.

Arrange such an event, but in VIP format: go to the nearest museum (or to any online analog) and look beautiful. You will be surprised how long - 10 minutes! The fact is that, as the employees of the Metropolitan Museum found out, the visitor conducts an average of only 17 seconds before one picture.

We are sure that you will notice such details that have eluded from you earlier, you will see new connections and, likely, change the first impression of the canvas. Draw everything!

The drawing process requires a concentration of attention. Try focusing on ordinary, household things: Surely your kitchen table or a table near the mirror is a stunning landscape where you can see a lot of interesting things. Examine each of its component separately from the rest. Think, as if one or another thing looked in the form of a drawing in a frame. And now open a notebook and create this series of works - even if you are not at all an artist! After silence

Go for a walk, but move in the quiet direction - just go and go until you find the most quiet point in your city or area. Stay there for some time to absorb silence, not sounds. Fragrant excursion

Try to make a map of smells of your office or room. Which of them are obvious and set an aromatic context? What are the background? And what barely catching? Which of this is characteristic of this location, and what is nonspecific?

And somehow, at your leisure, arrange "hunting beyond": you can rustle with leaves, turn the bushes with flowers, even just sniffed to everything around.

To develop the brain, it is very useful to imagine odors: for example, try to imagine how the melon smells. Or sea coast. Can you remember the smell in your room in childhood? Another time scale

Find the oldest things in the environment around you: the building, a thing in the closet, a tree in the landscape. Now detect around something like the most new one. What do you think, what is

common in the "vintage" and just having arisen? What do they differ? What will be preserved longer? Why? Tourist in native fenats

Surely in your city spend excursions. But for some reason the "aborigines" avoid such events. And in vain! Go to such a walk with a guide - learn something new about the history of native places and watch how people talk about how people perceive this information. Imagine that you are a guest, a tourist. Change the road

Surely you go to work daily with the most optimal, that is, a short way. And now try to get from point A to point B a completely different route, laying at this time. This is a superatmosphere for the creative process - for sure during such a walk you will be posted on insane. Read the signs

Monuments should attract the attention of people, but those most often do not notice. But memorial boards can tell a lot of amazing! For example, in New Zealand there is a plate installed just on the street: it says that it has grown a tree for 40 years, and then he was "baked bureaucracy" - released a parking space for the car. Diary of observation

Remember how it did in the elementary school on nature? Spend an hour in nature and write down in the "Logbook" all that see: weather, temperature changes, foliage behavior, etc. Unusual interview

Try to mentally talk with some subject. For example, you can learn from a laptop, where and how he was assembled, at the grandmother's brook - about the epoch, which she remembers, in the coin on the road - about how she found himself. Come up with a few questions for such little things - it will help expand the boundaries of the foreseeable.

As you can see, all ingenious is simple and exciting. In fact, the wikium courses and simulators are created under the same motto to pump the brain (by the way, we also have a special course about creative thinking!).

For the user, everything is really incredibly accessible and understandable, but behind this is the colossal work of specialists in neuropsychology and gaming practitioners who adapt scientific techniques to use, so to speak, "in everyday life".